



# **MEDIA PRESS KIT**

**Captain John M. Arroyo, Jr.  
U. S. Army (Ret.)  
Author – Speaker**

# **CONTACT INFORMATION**

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Captain John M. Arroyo U.S. Army (Ret.) lives in Burleson, Texas, with his wife Angel and travels extensively speaking at churches, military installations, civic centers, and schools. His message about resiliency in the face of overwhelming odds has resonated with all of his audiences, and he is a much sought after speaker. His long-held faith has been an integral part of his recovery and continues to be the motivating factor in his life.

This book will become a shining beacon of light to show the path to recovery, health and to restore hope for all who read it.  
**Major General Jimmie O. Keenan,**  
**U.S. Army (Ret.)**

*“The moment I was shot, I froze in disbelief. I wasn't sure what had just happened, I remember thinking, “Am I shot?” I didn't feel any pain, but the impact felt as if I was hit in the chest with a baseball bat. However, instantly, my worst fears were confirmed when I saw massive amounts of bright red blood flowing through my fingers and down my chest.”*

Captain John Arroyo, Jr.

## **Attacked At Home: A Green Beret's Survival Story of the Ft. Hood Shooting**

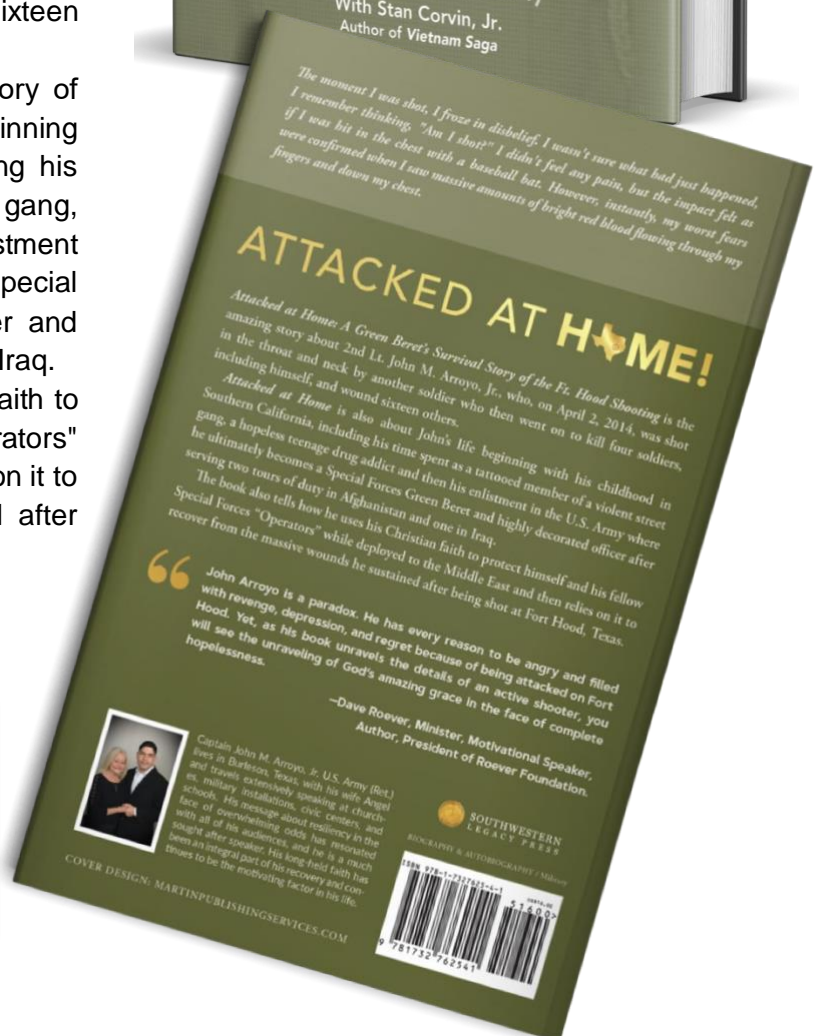
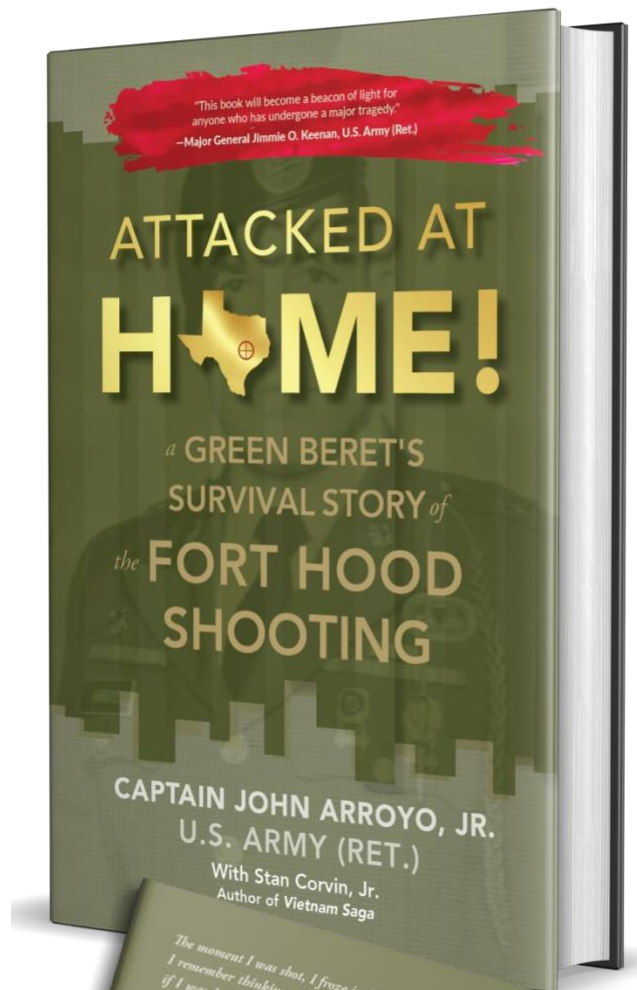
"Attacked at Home: A Green Beret's Survival Story of the Ft. Hood Shooting" is the amazing story about 2<sup>nd</sup> Lt. John M. Arroyo, Jr., who, on April 2, 2014, was shot in the throat and neck by another soldier who then went on to kill four soldiers, including himself, and wound sixteen others.

"Attacked at Home: A Green Beret's Survival Story of the Ft. Hood Shooting" also is about John's life beginning with his childhood in Southern California including his time spent as a tattooed member of a violent street gang, a hopeless teenage drug addict and then his enlistment in the U.S. Army where he ultimately becomes a Special Forces Green Beret and highly decorated officer and serves two tours of duty in Afghanistan and one in Iraq.

The book also tells how he uses his Christian faith to protect himself and his fellow Special Forces "Operators" while deployed to the Middle-East and then relies on it to recover from the massive wounds he sustained after being shot on Fort Hood, Texas.

*Paperback, Digital, Hardback*  
*Available on*  
*Amazon and Kindle*  
*Barnes and Nobel*

*Audiobook*  
*Available on Audible and iTunes*



## Endorsements

*"This book is a journey into the guts of gang life in teen years through the inspiring heart of heroism as a Green Beret to a destiny of dedicated service to all mankind. This story of John Arroyo is an uncommon place yet real-life movie material that is a must-read. The realism that pours out of this book flows with the gentleness that undergirds the harshness that Arroyo has experienced and yet gushes with the passion needed to flood the pages with direction, purpose, and meaning. As an educator who stays connected with elementary school campuses to institutions that offer terminal degrees, I highly recommend this book to students of high school and college to gain insight into human life, history, contemporary literature and the life of a man—a man who has been poured out and is willing to be poured out for the sake of people, especially future generations. **"Attacked at Home: A Green Beret's Survival Story of the Ft. Hood Shooting"** is a journey worth sharing, a life worth recording, and a read that should not be passed up by anyone who cares about life in general or life in America, especially as it relates to young men and women."*

**Dr. Sheba K. George – Superintendent & Founder  
Newman International Academy**

*"John Arroyo is a paradox. He has every reason to be angry and filled with revenge, depression, and regret because of his being attacked on Fort Hood. Yet, as this book unravels the details of an active shooter, see the unraveling of God's amazing grace in the face of complete hopelessness. Bleeding out and dazed, a voice, John would become familiar with in years to follow, audibly commanded this young Green Beret to "Get up" when his world was falling down around him. Like a good soldier, he obeyed his newfound Commander and Chief, the King of Kings, and today he still stands, unflinchingly, challenging a young generation to stand up with him for truth and righteousness."*

**Dave Roever – Minister, Motivational Speaker, Author, President of Roever Foundation.**

*"In a very personal, human interest narrative, John Arroyo sets forth a very readable life story of an individual who grew up in poverty, surrounded by street gangs, to complete a successful career as a U.S. Army Green Beret and later civilian, continuing in a lifetime of service. This success was shaped by a faith instilled within his life early on by a loving grandmother. Equally important is Arroyo's inclusion of his wife's story, as she lived through the challenges and opportunities presented in their life together. This book is a must-read."*

**Dr. Tom Seals - Professor of Biblical Practice & Chaplain to Veterans, Lipscomb University,  
Author of "God's Word for Warriors."**

*"A powerful testimony of the overcomer's life. John Arroyo's improbable rise from urban gangs to U.S. Army warrior-leadership to mass-shooting survivor to gospel preacher is a classic, faith-stirring epic."*

**Tim Moynihan – Pastor, Former U.S. Army Ranger, Author of "Prodigal Avenger."**

*"If you want to appreciate what God can do in the life of a person serving in the military, then this book is a must-read." Colonel Kenneth Sorenson (Chaplain) U.S. Army*

## Amazon.com Reviews



### **A MUST READ AND SHARE**

Reviewed in the United States on January 21, 2020

Format: Paperback Verified Purchase

What an awesome life story. Not just about the Fort Hood Shooting but also how God steps into his life at the right moment in different situations. A true testimony that you are not your circumstances. Great read to share with others that may be going through a difficult time.



### **POWERFUL!!!!**

Reviewed in the United States on January 21, 2020

Format: Paperback

I encourage readers to get this book. It's a great book. (I got it on my kindle because I did not want to wait 2 whole days to start reading) Although I am not completely done with reading. It is a powerful book. What I love about it is it's not a typical war story. It is about a man who becomes a soldier and his wife and children trying to get through the heartaches of deployments, loss of family, and other personal problems. Yet they still turn to God when the storm hits. **YOU WILL NOT BE DISAPPOINTED!! PLUS IT HAS PICTURES. I LOVE IT**



### **GOING TO BE A LIFE CHANGER FOR MANY!**

Reviewed in the United States on January 20, 2020

Format: Kindle Edition

It's taken me a few days to read this book, I've had some anxiety while reading it as I know that it's going to bring back the tears and pain of this day for not just my entire family but for my Godfather, his wife and kids. When I tell you this book is one of the best reads, it must be true because I HATE reading.

I am sitting here crying like a baby because I have read the entire book to know exactly what happened this day for my uncle and his wife. I can't imagine going through anything of this and how strong you both are, Angel Arroyo & John Arroyo. This has opened my eyes in so many ways. I'm truly so thankful that you both have opened up to write this book because it's truly going to be a life-changer for many.



### **POWERFUL**

Reviewed in the United States on January 18, 2020

Format: Paperback

John and his wife, Angel, have walked a tough road. But this story is not of defeat, it's of overcoming through perseverance and FAITH. You will be encouraged by their story. **LOVE THIS BOOK!!!**



### **TRUE HERO!!!**

Reviewed in the United States on January 17, 2020

Format: Kindle Edition

Simply amazing!!!